

# List of giants in mythology and folklore

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This is a list of giants and giantesses from mythology and folklore; it does not include giants from modern fantasy fiction or role-playing games (for those, see list of species in fantasy fiction).

## Contents

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### Abrahamic religion

### Celtic mythology

Brythonic mythology

Gaelic mythology

Bohemian/Silesian

### Greek and Roman mythology

### Hindu religion

### Norse mythology

### Shinto folklore

### Other

### See also

### References

## Abrahamic religion

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- Anakim (Old Testament)
- Gibborim
- Goliath (Book of Samuel)
- Nephilim
- Nimrod (Old Testament)
- Og (Book of Numbers)
- Rephaite
- Zamzumins (Old Testament)
- Rephaim (Old Testament)

## Celtic mythology

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### Brythonic mythology

- Cewri
  - Bendigeidfran

- Ysbaddaden Bencawr
- Idris Gawr
- Cormoran (Cornwall)
- Gogmagog

## Gaelic mythology

- Fachen
- Fomorians:
  - Balor
  - Banba
  - Bres
- Buarainech
- Cethlenn
- Corb
- Cuchulain
- Elatha
- Ériu
- Ethniu
- Fódla
- Tethra

## Bohemian/Silesian

- Rübezahl

## Greek and Roman mythology

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- Argus Panoptes
- Caca
- Cacus
- Cyclopes
  - Arges
  - Brontes
  - Polyphemus
  - Steropes
- Geryon
- Gigantes:
  - Alcyoneus
  - Athos
  - Echion
  - Enceladus
  - Klytius
- Hekatonkheires

- Briareus
- Gyges
- Cottu
- Menoetius
- Talos
- Titans:
  - Atlas
  - Coeus
  - Crius
  - Cronus
  - Dione (occasionally considered a Titan)
  - Epimetheus
  - Gaia
  - Hyperion
  - Iapetus
  - Mnemosyne
  - Oceanus
  - Ophion (occasionally considered a Titan)
  - Phoebe
  - Prometheus
  - Rhea
  - Tethys
  - Theia
  - Themis

## Hindu religion

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- Hiranyaksha
- Hiranyakashipu
- Mahabali
- Ravana
- Kumbhakarna

## Norse mythology

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- Bestla
- Gorm
- Jötunn
  - Ægir
  - Angrboða
  - Baugi
  - Bergelmir
  - Billingr
  - Bölporn

- [Geirröd](#)
- [Gilling](#)
- [Gjálp and Greip](#)
- [Gríðr](#)
- [Gullveig](#) (possibly)
- [Gymir](#)
- [Hroðr](#)
- [Hrungnir](#)
- [Hymir](#)
- [Járnsaxa](#)
- [Kári](#)
- [Loki](#)
- [Alvaldi](#)
- [Rindr](#)
- [Skaði](#)
- [Suttungr](#)
- [Þjazi](#)
- [Þrúðgelmir](#)
- [Þrymr](#)
- [Útgarða-Loki](#)
- [Vafþrúðnir](#)
- [Ymir/Aurgelmir](#)

## Shinto folklore

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- [Emperor Keikō](#) - According to records, this 1st century AD emperor stood 10ft 2in tall.<sup>[1]</sup>
- [Emperor Chūai](#) - Was said to be ten feet tall, with "a countenance of perfect beauty".<sup>[1]</sup>

## Other

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- [Brobdingnag](#) giant, from Jonathan Swift's [Gulliver's Travels](#)
- [Paul Bunyan](#) (American folklore)
- [Ferragut](#) (also known as Ferragus, Ferracutus, etc.)
- [Flaming Teeth](#), a giant in Fijian mythology
- [Hurtaly](#) (Og, [Jewish mythology](#))
- [Gargantua and Pantagruel](#)
- [Genie](#), a giant spirit or *jinn* inhabiting a lamp in [Aladdin and His Wonderful Lamp](#), (re-written by Sir Richard Francis Burton) from [One Thousand and One Nights](#)
- [Gogmagog](#)
- [John Henry](#) (American folklore)
- [Iovan Iorgovan](#) (Romanian mythology)
- [Jentilak](#) or [Gentiles](#): ([Basque mythology](#))
  - [Basajaun](#)
  - [Olentzero](#)
- [Kapre](#) ([Philippine mythology](#))

- Kroni (Ayyavazhi mythology)
- Kalevi and his sons (Finnic mythologies)
- Ojáncanu (Cantabrian mythology)
- Ogias the Giant (Manichaeism mythology)
- Oni (Japanese folklore)
- St Christopher (Roman Catholic)
- ‘Uj ibn Anaq (Islamic mythology)
- Matsieng
- Ellert and Brammert
- Crooked Mick (Australian folklore)
- Mbombo (African folklore)
- Kua Fu (Chinese mythology)
- Pecos Bill (American folklore)
- Alfred Bulltop Stormalong (American folklore)
- Voivode Balačko (Serbian Folklore)

## See also

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- Giant animal (mythology)

## References

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1. Frank Brinkley, Dairoku Kikuchi (1915). *A History of the Japanese People: From the Earliest Times to the End of the Meiji Era* ([https://archive.org/details/bub\\_gb\\_NnsEAAAAMAAJ](https://archive.org/details/bub_gb_NnsEAAAAMAAJ)). Encyclopaedia Brit. Company. p. 85 ([https://archive.org/details/bub\\_gb\\_NnsEAAAAMAAJ/page/n84](https://archive.org/details/bub_gb_NnsEAAAAMAAJ/page/n84)), 88–89. Retrieved July 30, 2019. "emperor keiko children."

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